

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Monique van Niekerk

Has successfully participated & completed the

Solo Bull Cowhouse Cross Duathlon 2017 #7

held at Cowhouse Market.

**TIME** 02:39:11

**PACE** 05:28/km

**OVERALL** 19 of 27

**GENDER** 3 of 5

OPEN 2 of 3

12 November 2017, Sun

Date



BoutTime

Signature